







Choose from the options below to plan your own day-long adventure or make the 1,640acre Topsail Hill Preserve State Park, located along the <u>30A Scenic Highway</u>, a comfortable home base for a three-day stay or longer (**1**).

Topsail Hill Preserve State Park

Real Florida Guide

Overnight Lodging and Camping Options: <u>Topsail Hill Preserve State Park</u> offers cabin rentals and tent and RV camping. Address: 7525 West Scenic Highway 30A, Santa Rosa Beach, FL 32459; (850) 267-8330.

Day One, Choose from the following:

 Hike the Morris Lake Nature Trail (2) as it meanders 2.5 miles through ancient dunes and scrub communities. Along this trail you can see remnants of iron tracks from the first WWII missile development program in the United States. Hikers can also enjoy miles of abandoned jeep trails within the park. Along Campbell Lake Nature Trail, enthusi-



asts may discover a diverse array of plants and animals covering an area of over 5 miles. There is also 3.2 miles of undeveloped beach shoreline to explore.

• Canoe on Campbell Lake (3) in the park, a rare coastal dune lake. These rare ecosystems are only found along this part of the Florida coastline, in Madagascar, New Zealand, Australia, and Oregon. Canoes can be rented at the Campground Store with cash, check or credit. Canoes or kayaks cannot be brought into the park be-



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Day Two, Choose from the following:

• Explore the <u>Point Washington State Forest</u> (4). to the north and east of the Topsail Hill Park. The vast forest features 10 natural communities and a <u>27-mile trail system</u> for hiking, biking and horseback riding. No camping is currently allowed.

cause of the possibility of introducing exotic plants into the dune lake.

Enjoy a beautiful bike ride along the half-mile stretch of paved road in the park that leads to the beach (5). Riders may also conveniently access the paved county path along Hwy 30A known as the <u>Timpoochee Trail</u>. This trail runs 19 miles from Santa Rosa Beach to Inlet Beach. Bicycles can be rented along the route and at the Campground Store in the <u>park</u>. Please remember state law requires riders under the age of 16 to wear a properly fitted bike helmet.



Day Three, Choose from the following:

- Tour <u>Eden Gardens State Park</u> (6), a 161-acre tract that showcases live oaks and ornamental gardens wrapped around a renovated, lovely two-story Wesley house, a popular backdrop for weddings. The house holds the second largest know collection of Louis XVI furniture in the United States. Address: 181 Eden Gardens Road, Santa Rosa Beach, FL 32459;
- Take a tour of state parks along the <u>30A Scenic Highway</u>, a 33-mile corridor that hugs the beautiful coastline with it's sparkling emerald waters. Ditch the car and take

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the free <u>Sunshine Turtle Express</u> that makes seven stops along 30A. It runs seven days a week in late spring and summer and bikes are allowed. For the first stop, visit <u>Grayton Beach State Park</u> (7), consistently ranked among the top beaches in the nation by "Dr. Beach". The park also has more than four miles of trails through pine flatwoods, a large lake for paddling, and cabins and a full-facility campground. A smaller state park to the east is <u>Deer Lake</u> (8) which encompasses another rare coastal dune lake. The next state park is charming <u>Camp Helen</u> (9), once a company resort for employees of an Alabama textile mill that features vintage buildings, beaches and a large coastal dune lake.



