Whether you are swimming, fishing, kayaking, tubing, sailing, wading, snorkeling or discovering shore birds, many types of resource-based recreation happen on the waterfront.

As a Junior Ranger you will want to know about the different bodies of water and water-based recreation found in Florida State Parks.

It is important to be safe when recreating in or near water. Make a plan for your favorite water-based recreation.

1. You should always have an adult with you when you are in or near the water. Who is going with you to do your favorite water-based recreation?

2. You should tell a friend or family member who is not with you where you are going and when you will come back. Which people will you tell?

3. When you are on a boat, you should always wear your personal flotation device. What is another name for a personal flotation device?

4. You should swim only in designated swim areas. Where is the a swimming area at the park you are visiting?

5. On which type of body of water would you most like to recreate? See the choices on the back of this page!
Now you know how to stay safe while recreating in or near water. Complete the activities below to prepare your water-based recreation plan.

Circle the body of water found in or near the park you are visiting.

Ocean  Creek  Pond  River  Saltwater Marsh
Gulf  Lake  Swamp  Spring  Freshwater Marsh

Circle the equipment you will need to do your favorite water-based recreation.

Sunscreen  Bug Spray  Sunglasses  Dive Mask with Snorkel  Towel  Life Vest
Beach Chair  Tackle Box  Inflatable Tube  Kayak and Paddle

List other equipment you will use:

________________________________________________________________________
________________________________________________________________________

Fill in your very own water-based recreation plan! You can use it on your next visit to a Florida State Park.

WATER-BASED RECREATION PLAN

Today I am going to ____________________________ at ____________________________

(do) (where)

I have told ____________________________

(who)

where I am going with ____________________________. We are leaving at ________________

(who) (time)

and returning at ________________. We will take ____________________________ with us.

(equipment)