The Lake Overstreet Trails are a roughly five-mile, double-loop, shared-use trail set that winds through hardwood forests and around Lake Overstreet following the historic natural-surfaced roads. Nearly six miles of off-road, single-track biking trails have been developed in the western portion of the park. These trails provide a variety of hiking, bicycling, and horseback riding experiences.

Visitors may access park trails by way of the main park entrance on Maclay Road or by three perimeter entry points. A fee is required to use the Lake Overstreet Trails – honor fee stations are located at each of the perimeter entrances. Visitors must have proof of payment with them while on the trails. Access the Lake Overstreet entrance along the northwest boundary by parking at the city of Tallahassee’s Forestmeadows Athletic Center on Meridian Road. Trails are also accessible at the Bobbin Brook Entrance off Maclay Road, and the High Grove Entrance on the eastern boundary. These latter two locations provide pedestrian access only for adjacent neighborhoods – no vehicle parking is allowed.

TRAIL GUIDELINES
To make your visit safe and enjoyable:

- Trail distances are marked on the map. Please plan your trip according to your endurance and time available.
- Open from 8 a.m. until sunset.
- Please use trails with a partner and return to the trailhead before sunset.
- All plants, animals and artifacts are protected.
- Follow directional arrows and trail markings.
- Hiking, bicycling and horseback riding only. Motorized vehicles are not permitted.
- Camping, fishing, fires, swimming and alcoholic beverages are prohibited.
- Insect repellent is recommended.
- Drinking water is not provided. Please bring your own.
- Be watchful of wildlife and keep a safe distance.
- Dogs are permitted on a six-foot, hand-held leash.

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Lake Overstreet Trails at Alfred B. Maclay State Park

The Division of Recreation and Parks invites you to discover Lake Overstreet. Information signs, trail markers and trail maps are provided to assist you. As management planning advances, the division will provide additional interpretive programming on the property to further enrich your park experience.

Your protection of these vital natural and cultural resources is appreciated. Please observe trail signs and remain on designated trails so human disruption can be minimized.

MULTI-USE TRAILS
Pedestrian, bicycle and equestrian traffic
Share the trail • Practice courtesy

Bicyclists yield to pedestrians and equestrians. Pedestrians yield to equestrians.

Please follow these recommendations:

All trail users
• Announce your presence, especially when approaching from behind. Bicyclists announce to pedestrians and equestrians. Pedestrians announce to equestrians.
• Anticipate other users on the trail.
• Stay on designated trails to avoid damage to sensitive areas.

Bicyclists
• Watch your speed and ride in control.
• Always wear a helmet.

Hikers/Joggers/Pedestrians
• Wear appropriate footwear suitable for your activity on uneven ground and occasional rugged terrain.

Equestrians
• Proof of negative Coggins test is required.
• Control your horse at all times.
• Please clean up after your horse.