







Date

## LEAVE NO TRACE

Name			

Park

Every time we go outdoors, we have an impact on the environment. Sometimes that impact is as small as the footsteps we leave a on a muddy trail. Sometimes that impact can be bigger - trash tossed on the beach, or plants damaged from being stepped on. That's where the seven principles of *Leave No Trace* come in. By following these guidelines, we can all lessen our impact on nature and keep our wild spaces healthy and free.



**Know before you go.** Be prepared. Pack clothes to protect you from cold, heat or rain. Always carry a park map. Learn about the park from books, websites or other people.

**Choose the right path.** Stay on trails to protect the park and yourself. Set up camp in marked places. Campsites should be at least 200 feet away from lakes and streams.

Trash your trash. Pack it in and pack it out. Keep this park natural by picking up litter and putting it in its place.

**Leave what you find.** Take only pictures and memories. Leave plants, rocks and historical items as you find them. Dead wood has life, too. Please don't collect firewood.

**Be careful with fire.** If you're allowed to build a fire, only use existing fire rings. Keep your fire small. Make sure it is out and cold before you leave.

**Respect wildlife.** Keep wildlife wild by not feeding them. Leash your pets. This will protect them and the park's animals.

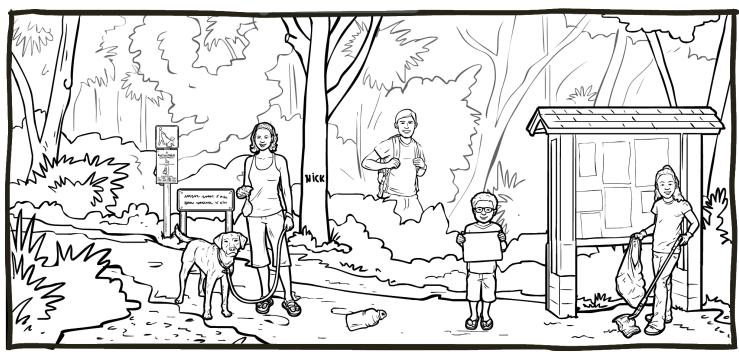
**Be kind to other visitors.** Remember you share the park with other people. Listen to nature. Try not to yell or make loud noises. You will see more wildlife if you are quiet!





## Leave No Trace Challenge:

Look at the picture below/above. Circle three good examples of *Leave No Trace*. Draw an X over three bad examples.



Negatives: Trash; People hiking off trail; Name carved into a tree Positives: Reading a map; Pet on leash; Someone doing a trash clean up, or just throwing trash into bin instead of ground

write down three ways you have practiced Leave No Trace at this state park.
List three ways you will <i>Leave No Trace</i> at school or home.