Grayton Beach State Park lies within the Coastal Lowlands region with 13 distinct natural communities—beach dune, mesic flatwoods, sandhill, scrub, scrubby flatwoods, baygall, depression marsh, dome, seepage slope, wet flatwoods, coastal dune lake, estuarine tidal marsh and marine unconsolidated substrate.

Three major coastal dune lakes lie mostly within the park’s boundaries—Western Lake, Alligator Lake and Little Redfish Lake. Dune lakes are unusual coastal features found in few other places in the world.

The shoreline at Grayton Beach has been shaped by the wave action, winds and longshore currents of the gulf. The effects of salt spray and wind pruning, two of nature’s landscaping tools, are evidenced everywhere. Drifting sand also changes the landscape. What appear to be “bushes” in the dunes are often full-sized slash pines and southern magnolias, with only the tree tops protruding.

Shorebirds are numerous on the beach and sea turtles often nest here during the summer. The dunes are home to the endangered Choctawhatchee beach mouse. Foot traffic is prohibited on sand dunes and bird nesting areas.

The park’s name comes from the neighboring township of Grayton Beach, one of the oldest townships along the Gulf of Mexico in Walton County. Obtained through a land lease from the Florida Board of Education in 1964, Grayton Beach State Park was dedicated and opened in 1968.
Welcome to Grayton Beach State Park. This 2,200-acre park showcases rolling dunes covered with golden sea oats and sugar-sand beaches that taper into the emerald green waters of the Gulf of Mexico. Enjoy unlimited opportunities for fun, enjoyment and relaxation.

Discover Grayton Beach's **natural area** with **beaches**, forests, coastal dune lakes and numerous **recreational facilities**.

Thirty **cabins** are nestled in the privacy of pine scrub on the park's western property. It is only a short walk to the Gulf of Mexico. No phones, no televisions, just ...the REAL Florida. **Campsites** in a wooded area near Western Lake are equipped with picnic tables, grills, water and electricity. Rangers provide programs seasonally.

**Swimming** and **fishing** along a mile of shoreline are the park's most popular activities. Catch saltwater fish in the surf, or catch fresh and saltwater fish in the lakes' brackish water. A **boat ramp** and **picnic shelters** are adjacent to Western Lake. Canoe rentals are available at the ranger station.

The **Grayton Beach Hike and Bike Trail** begins across from the park entrance on County Road 30A. Enjoy 4.2 miles of trail. An optional **Lake Loop Trail** connects with nearby state forest trails and the scenic 30A paved trail.

The one-mile **Grayton Beach Nature Trail** begins near the beach parking area and winds through sand dunes, pine flatwood and sand scrub oak to the edge of Western Lake. A self-guiding brochure is available at the park entrance station.