## **Essential Eligibility Criteria**

## Topsail Hill Preserve State Park Coastal Cleanup

In order to participate in this program, one:

- Must have the ability to follow verbal and/or visual instruction independently or with the assistance of a companion.
- Must have the ability to withstand exposure to the outdoors for 3 hours.
- Must have the ability to traverse wet, sandy, uneven terrain for 0.5 mile, independently or with the assistance of a companion.
- Must be able to bend over and pick up items repeatedly.
- Must be able to lift and carry up to 25 lbs. for 0.5 mile.

