

Essential Eligibility Criteria

St. Andrews State Park

Native Plants as Food and Medicine

In order to participate in this program, one:

- Must have the ability to follow verbal and/or visual direction independently or with the assistance of a companion.
- Must have the ability to withstand exposure to the outdoors for a period of 1 hour.
- Must have the ability to navigate wet, sloped and uneven terrain for 1 mile independently, with the assistance of a companion or with the use of adaptive equipment.