

# Essential Eligibility Criteria

## Topsail Hill Preserve State Park

### **Guided Plant Stroll**

In order to participate in this program, one:

- Must have the ability to follow verbal and/or visual direction independently or with the assistance of a companion.
- Must have the ability to withstand exposure to the outdoors for a period of up to 1 hour.
- Must have the ability to navigate wet, sloped and uneven terrain for one mile independently, with the assistance of a companion, or with the use of adaptive equipment.