

Essential Eligibility Criteria

Topsail Hill Preserve State Park

First Day Hike

In order to participate in this program, one:

- Must have the ability to follow verbal and/or visual direction independently or with the assistance of a companion.
- Must have the ability to withstand exposure to the outdoors for a period of up to 2 hours.
- Must have the ability to traverse 100 feet of walkways independently, with the assistance of a companion or with the use of adaptive equipment.
- Must have the ability to traverse up to ½ mile of trails or pavement independently, with the assistance of a companion or with the use of adaptive equipment.