## **Essential Eligibility Criteria**

## Topsail Hill Preserve State Park Family Challenge

In order to participate in this program, one:

- Must have the ability to follow verbal and/or visual direction independently or with the assistance of a companion.
- Must have the ability to withstand exposure to the outdoors for a period up to one hour.
- Must have the ability to traverse sandy and uneven terrain independently or with the assistance of a companion.

