

Essential Eligibility Criteria

Grayton Beach State Park **Longleaf Restoration Project**

In order to participate in this program, one:

- Must have the ability to follow visual and/or verbal instruction independently or with the assistance of a companion.
- Must have the ability to withstand exposure to the outdoors for a period of 4 hours.
- Must have the ability to traverse wet, sloped, and uneven terrain, independently or with the assistance of a companion.
- Must have the ability to navigate trails with exposed roots or holes.
- Must have the ability to lift up to 50 lbs.
- Must be willing to wear all recommended/required safety gear.
- Must have the ability to bend and kneel on the ground.