

Essential Eligibility Criteria

Camp Helen State Park

Kayak Moonlight Paddle Tour

In order to participate in this program, one:

- Must have the ability to follow visual and/or verbal instruction independently or with the assistance of a companion.
- Must have the ability to withstand exposure to the outdoors for up to two hours, this includes limited visibility at night on the water, currents/wave action, & exposure to insects.
- Must have the ability to operate a watercraft independently, which includes paddling against and with a current, entry/exit of the watercraft, and maneuvering the watercraft around other vessels.