

Essential Eligibility Criteria

Wekiwa Springs State Park

The 25th Annual Real Florida 5K and 10K Cross Country Run and Fun Walk

In order to participate in this program, one:

- Must have the ability to follow visual and/or verbal instructions independently or with the assistance of a companion.
- Must have the ability to withstand exposure to the outdoors for 30-90 minutes in an open area.
- Must have the ability to traverse uneven terrain for up to 6.5 mile's independently or with the assistance of a companion.
- Must have the ability to sit or stand for a period of 60 minutes independently or with the assistance of a companion.



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