

Essential Eligibility Criteria

De Leon Springs State Park

First Day Hike

In order to participate in this program, one:

- Must have the ability to follow verbal and/or visual instructions independently or with the assistance of a companion for 3 hours.
- Must have the ability to withstand exposure to the outdoors for 3 hours in temperatures ranging from 30 to 90 degrees.
- Must have the ability to traverse uneven terrain either independently or with the assistance of a companion and/or with the use of adaptive equipment for a distance of 4 miles.



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